

EXAMPLES OF ACTIVITIES CALENDARS

	POOR	AVERAGE	EXCELLENT
Independent Living	<p>9:00 BREAKFAST 10:00 AEROBICS W/ BECKY 12:00 LUNCH 1:30 SPA DAY 2:30 BRIDGE CLUB 5:00 DINNER</p>	<p>9:00 BREAKFAST 10:00 AEROBICS W/ BECKY 11:00 SCRAPBOOKING 12:00 LUNCH 1:30 SPA DAY 2:30 BRIDGE CLUB 4:00 PIANO RECITAL 5:00 DINNER 6:30 MOVIE NIGHT</p>	<p>9:00 BREAKFAST ● 10:00 SWIMMING AT REC CENTER ● 11:00 POTTERY CLASS 12:00 LUNCH ● 1:30 SPA DAY ● 2:30 SHOPPING AT TARGET ● 4:00 LEARNING SPANISH 5:00 DINNER ● 6:30 MOVIE NIGHT ● 6:30 BIBLE STUDY</p>
Assisted Living	<p>9:00 BREAKFAST 10:00 ARMCHAIR EXERCISES 12:00 LUNCH 1:30 MANICURES 2:30 TRIVIA 5:00 DINNER</p>	<p>9:00 BREAKFAST 10:00 ARMCHAIR EXERCISES 11:00 SCRAPBOOKING 12:00 LUNCH 1:30 MANICURES 2:30 BINGO 4:00 PIANO RECITAL 5:00 DINNER 6:30 MOVIE NIGHT</p>	<p>9:00 BREAKFAST ● 10:00 SIT AND BE FIT ● 11:00 FLOWER ARRANGING 12:00 LUNCH ● 1:30 MANICURES ● 2:30 SHOPPING AT TARGET ● 4:00 SHOW TUNES W/ JIM 5:00 DINNER ● 6:30 MOVIE NIGHT ● 6:30 BIBLE STUDY</p>
Memory Care	<p>BREAKFAST BALLOON BADMINTON WHAT'S IN THE NEWS LUNCH COLORING MOVIE TIME DINNER</p>	<p>8:00 BREAKFAST 9:30 BALLOON BADMINTON 10:00 WHAT'S IN THE NEWS 11:00 PAINT CRAFT 12:00 LUNCH 2:00 ICE CREAM SOCIAL 3:00 FLOWER ARRANGING 5:00 DINNER</p>	<p>8:00 BREAKFAST ● 9:30 BALLOON BADMINTON ● 10:30 CANYON DRIVE 12:00 LUNCH ● 1:30 DANCE TUNES W/ JIM ● 3:00 LET'S MAKE COOKIES ● 4:00 MANICURES 5:00 DINNER ● 6:30 POPCORN AND MOVIES ● 6:30 BIBLE STUDY</p>